

For more information, please contact:
Children's Occupational Therapy Service
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Stockport
SK4 1BS

Tel: **0161 426 5202/5201/5200**
Minicom: **0161 477 2585**



This document is available in large print and on audio tape upon request.

If you have any problems or concerns about health care and would like to talk to someone, please call:
Patient Advice Liaison Service (PALS) on: **0161 426 5888**

A free interpreting service is available if you need help with this information.
Please telephone Stockport Interpreting Unit on 0161 477 9000.
Email: eds.admin@stockport.gov.uk

如果你需要他人為你解釋這份資料的內容，我們可以提供免費的傳譯服務，請致電 0161 477 9000 史托波特傳譯部。

W przypadku gdybyś potrzebował pomocy odnośnie tej informacji, dostępne są usługi tłumaczeniowe. Prosimy dzwonić do Interpreting Unit pod numer 0161 477 9000.

যদি এই খবরগুলি সম্পর্কে আপনার কোন সাহায্য দরকার হয় তবে বিনা খরচে আপনার জন্য দোভাষীর ব্যবস্থা করা হতে পারে। মেহেরবানী করে স্টকপোর্ট ইন্টারপ্রিটিং ইউনিটে ফোন করুন টেলিফোন নম্বর, 0161 477 9000.

اگر آپ کو ان معلومات کے بارے میں مدد کی ضرورت ہے تو مفت ترجمانی کی سروس دستیاب ہے۔ براہ مہربانی انٹرپرائٹنگ یونٹ کو 0161 477 9000 پر فون کریں۔

خدمات ترجمہ رایگان این اطلاعات در صورت نیاز موجود میباشد. لطفا با شماره تلفن 0161 477 9000 با واحد ترجمہ (اینترپرائٹنگ یونیت) ما تماس بگیرید.

تنوفر خدمت ترجمت شفویة اذا تطلبت مساعدة في فهم هذا المعلومات. نرجو الاتصال اربن رینیول علی رقم الهاتف: 0161 477 9000

Stockport **NHS**
Primary Care Trust

Occupational Therapy Service for Children, Young People and their Families



General Information Leaflet

Produced by: Children's Occupational Therapy Service
Date of production: July 2008
Reference number:

Local Community Health Services for Local People

What is Occupational Therapy?

Using purposeful activity and play, we work with your child to help him or her attain the highest possible quality of life. We assess your child using standardised assessments and skilled observations, depending on the nature of your child's difficulties.

We focus on:

- ◆ **play skills**
for example, we give advice on suitable toys and positioning your child for play
- ◆ **gross motor skills**
for example, addressing co-ordination skills and working on improving postural stability
- ◆ **hand skills**
to promote improved hand function to help with, for example, handwriting, scissor skills and hand manipulation
- ◆ **self-care skills**
such as feeding, dressing and personal hygiene
- ◆ **aids and equipment**
for example advice on specialised seating, including wheelchairs
- ◆ **adaptations**
we work in conjunction with the Children's Equipment and Adaptations Service - C.E.A.S.
- ◆ **perceptual skills**
for example, developing body awareness through movement and **visual perception** – how your child interprets and uses the information taken in through the eyes



How we can help:

After we have assessed your child, he or she may be offered:

- **individual therapy**
- **group therapy**
- a **therapy programme** for school and home, working in collaboration with teachers, support staff and parents
- advice on improving your child's **access** to his or her **environment** at home and school
- advice to **parents, professionals** and other **carers** involved with your child

Who do we work with?

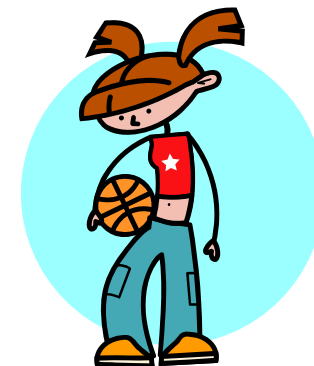
We see children with a range of disabilities and difficulties including:

- physical and/or learning disabilities
- complex multiple disabilities
- sensory processing problems
- co-ordination difficulties
- post hospital / operation / accident
- poor self-esteem

How to refer your child:

We operate an open referral system from:

- education
- parents/carers
- health colleagues



What happens after referral?

You will receive a letter acknowledging the referral of your child. He/she will be placed on the waiting list for initial assessment. You will be contacted as soon as this assessment can be arranged.